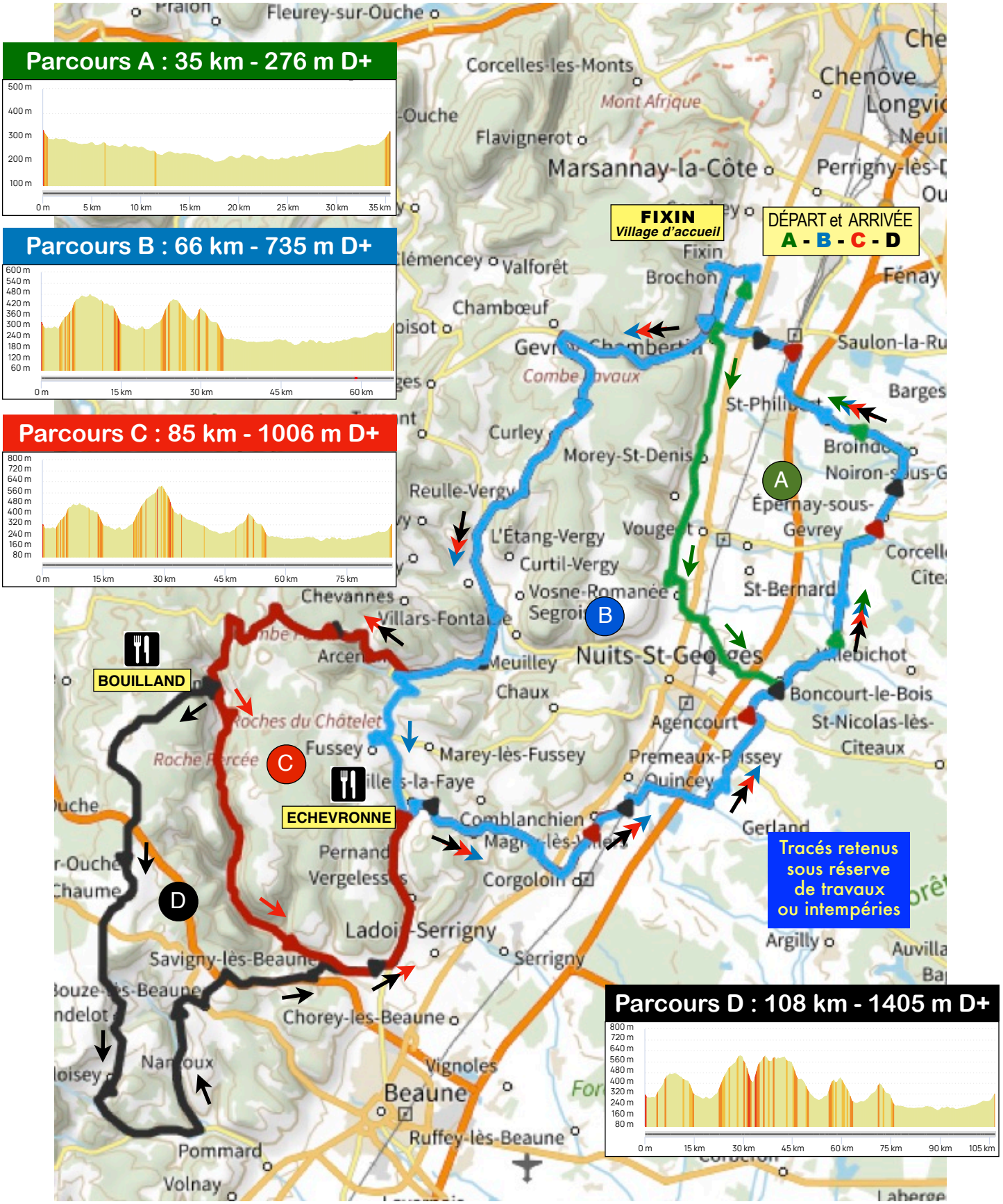Randonnée-promenade grand large avec le cyclotourisme